



## IIGA GUERNSEY 2023 MINIMUM QUALIFICATION STANDARDS

### Conditions of Selection

Gozo Island Games Associations (GIGA) recognises the importance of participating in the International Island Games to be held in Guernsey in 2023 and has set a selection policy aimed at maximising medal chances.

Athletes wishing to be considered for selection for this high-level competition are required to note the following:

- 1) To be considered for selection, athletes must be eligible to compete for Gozo (i.e. born in Gozo or having been a resident for a minimum of 10 years prior to the Opening Ceremony of the IIGA Guernsey 2023)
- 2) Minimum Qualification Standards must be achieved between 1<sup>st</sup> September 2022 and 25<sup>th</sup> April 2023.
- 3) Athletes interested in forming part of Team Gozo are requested to send an email to [giga.mgoz@gov.mt](mailto:giga.mgoz@gov.mt) including name, ID number, home address, date of birth, contact details and the preferred sport discipline by not later than 30<sup>th</sup> November 2022.
- 4) Athletes must send their results by email to [giga.mgoz@gov.mt](mailto:giga.mgoz@gov.mt) within 3 days from the achieved result, subject that the result falls with the minimum qualification standards shown below in the respective sport discipline.
- 5) Only results from official competitions held in Gozo, Malta or abroad will be accepted.
- 6) Any member of the GIGA and /or Technical Commission shall have the right to visit in person the training being carried out.
- 7) Any injury or sickness is to be reported immediately to the Technical Director and Medical Commission of the GIGA. No athlete will be permitted to take part in the Games with any illness or injury which may hinder the athlete's performance and/or the team's



performance. The GIGA Medical Team reserves the right to certify each and every athlete for these games.

- 8) Athletes are to follow instructions by the medical team of the association and GIGA for fast recovery from injury.
- 9) All athletes must take part in national competitions (and National Championships if applicable) and International Competitions and at those events for which the GIGA requests participation. This need to be approved by the Technical Director. All results and technical report are to be communicated to the Technical Director not later than 7 days from the date of competition.
- 10) All athletes, coaches and appointed representatives of federation/association are required to accept, abide by the rules and regulations as well as sign a contract of Rules of Conduct of the GIGA and IIGA2023. Athletes are required to attend the press conferences and any activities organised by GIGA as regards IIGA2023.
- 11) The maximum number of athletes allowed to be selected does not mean that GIGA will make use of all of them.
- 12) If any IIGA event does not have the required number of entries, the event will be removed from the programme. GIGA will inform the relevant organisation as soon as possible.
- 13) Latest updates may be followed on the GIGA official facebook page: <https://www.facebook.com/gozoislandgamesassociation>
- 14) All decisions taken by the GIGA pertaining to the IIGA2023 will be deemed as final. **Reaching the MQS does not secure a place in the selected team.**

**The Deadline for Team Gozo Selection is 25<sup>th</sup> April 2023**

**Team Gozo will be published on 5<sup>th</sup> May 2023.**



## ATHLETICS

Conditions:

- a) The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given
- b) Achieving the MQS does not guarantee the selection. Athletes are to show consistent results during the season.
- c) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.

<b>Athletics</b>		
<b>Event</b>	<b>MEN</b>	<b>WOMEN</b>
	<b>Time required between 1<sup>st</sup> September 2022 to 25<sup>th</sup> April 2023</b>	
1500 m	4.00	5.00
5000 m	15.30	18.30
10,000 m	34.00	40.00
Half-marathon	1.12	1.28



## SHOOTING

### Conditions:

- The minimum age limit for competitors will be 13 years on the day of the Opening Ceremony of the Games.
- Athletes must achieve the MQS as per table below for consideration.
- Achieving the MQS does not guarantee the selection. Athletes are to show consistent results during the season.
- Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.
- A maximum of 2 competitors for each event can take part. In case of parity between two or more athletes in the same event, GIGA will decide the way forward.

Event	MEN	WOMEN
ABT	110/125 in four (4) events	N/A
Trap	110/125 in four (4) events	N/A
Skeet	110/125 in four (4) events	N/A
English Skeet	110/125 in four (4) events	N/A
English Sporting	85/100 in four (4) events	65/100 in four (4) events
Sport Trap	85/100 in four (4) events	65/100 in four (4) events
Pistol - Men's ISSF 25m Standard Pistol	520 in four (4) events	482 in four (4) events
Pistol - Open ISSF 25m Centrefire	520/600 in four (4) events	
Pistol - Open NPA Police Pistol 1	282 in four (4) events	
Pistol - Open NPA Service Pistol B	98 in four (4) events	
Pistol - Open Revolver WA 1500 48 Shot-Max 6" Barrel Individual	464 in four (4) events	



## SWIMMING

Conditions:

- a) The minimum age limit for competitors will be 13 years on the day of the Opening Ceremony of the Games.
- b) Athletes must achieve the MQS as per table below for consideration.
- c) Achieving the MQS does not guarantee the selection. Athletes are to show consistent results during the season.
- d) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.

<b>Swimming</b>		
<b>Event</b>	<b>MEN</b>	<b>WOMEN</b>
<b>Time required between 1<sup>st</sup> September 2022 to 25<sup>th</sup> April 2023</b>		
<b>Freestyle</b>		
50m	27.20	33.61
100m	1.01.50	1.12.67
200m	2.15.86	2.55.99
400m	5.25.55	6.14.30
800m	11.19.76	12.40.87
1500m	21.50.22	20.23.56
<b>Backstroke</b>		
50m	32.60	39.72
100m	1.19.84	1.19.84
200m	2.25.26	2.47.69



<b>Butterfly</b>		
50m	30.10	36.70
100m	1.08.20	1.25.89
200m	2.27.80	2.50.53
<b>Breaststroke</b>		
50m	32.60	43.21
100m	1.19.39	1.27.48
200m	2.57.59	3.54.85



## **BADMINTON**

Conditions:

- a) All players must have reached their 13th birthday by the day of the Opening Ceremony of that Games.
- b) Players are selected subject that they participate regularly in the Maltese national championship with a minimum of 60% wins out of 10 games.

## **TABLE TENNIS**

Conditions:

- a) All players must have reached their 13th birthday by the day of the Opening Ceremony of that Games.
- b) Players are selected subject that they participate regularly in the Maltese national championship with a minimum of 60% wins out of 10 games.

## **TENNIS**

Conditions:

- a) All players must have reached their 14th birthday by the day of the Opening Ceremony of that Games.
- b) Players are selected subject that they participate regularly in the Maltese national championship with a minimum of 60% wins out of 10 games.



## CYCLING

Conditions:

- a) The minimum age limit for cycling competitors will be 17 years in the year of the event.
- b) A rider must achieve the average speed indicated in table below to qualify.
- c) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.

	<b>MEN</b>	<b>WOMEN</b>
Road Race	40 km/h (min. 100km.)	34 km/h (min. 60km.)
Time Trial	43 km/h (min. 40km.)	37 km/h (min. 30 km.)
Criterium	42 km/h (min. 45 minutes)	36 km/h (min. 30 minutes)

## MOUNTAIN BIKING

Conditions:

- a) The minimum age limit for cycling competitors will be 17 years in the year of the event.
- b) A rider must achieve the average speed indicated in table below to qualify.
- c) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.

	<b>MEN</b>	<b>WOMEN</b>
Cross Country	16 km/h (min. 90 minutes)	14 km/h (min. 75 minutes)
Criterium	18 km/h (min. 45 minutes)	16 km/h (min. 35 minutes)





## FOOTBALL

After discussions with the GFA, players are selected on various criteria including but not only:

- a) playing position,
- b) skill level,
- c) fitness level,
- d) tactical abilities
- e) injury free
- f) team player attitude
- g) need for Team Gozo

Maximum number of football players selected is 20, including two goalkeepers.

## TRIATHLON

Conditions:

- a) The minimum age for the Standard Distance Event shall be 18 years of age at 31 December in the year of the competition.
- b) Athletes must achieve the MQS as per table below for consideration.
- c) Achieving the MQS does not guarantee the selection. Athletes are to show consistent results during the season.
- d) Proximity to the MQS could also be considered in exceptional cases at the sole discretion of the GIGA.

<b>MEN</b>	<b>WOMEN</b>
2:09:35	2:38:49